

## SHORT TERM SCIENTIFIC MISSION (STSM) – SCIENTIFIC REPORT

The STSM applicant submits this report for approval to the STSM coordinator

**Action number: IS 1409**

**STSM title: Late employment in relation to health status in the Czech population**

**STSM start and end date: 21/04/2018 to 30/04/2018**

**Grantee name: Áine Ni Léime**

### PURPOSE OF THE STSM/

STSM is an excellent opportunity to meet and cooperate with professionals who inspire and help me shape the scope of the issue and the design of my future research the resulting benefits for the society. Also, my previous experience, both academic and professional, has built up an ambition and determination to be the contributor to a more profound exploration of the consequences of societal development.

The main objective of the STSM was to improve and develop both my research competences and knowledge from advanced researcher Áine Ni Léime, regarding ***late employment in relation to health status***.

### DESCRIPTION OF WORK CARRIED OUT DURING THE STSMS

#### **Country reports WG1, WG2**

My task was to prepare the country reports for public presentation as a result of activities of WG1 and WG2 members. Reports evaluated existing knowledge and key themes related to the aging policies in particular COST countries. They also consisted of the analysis of policies on extended working life and the most important research and policy developments during the last 10 years.

#### **Late Employment in Relation to Health Status in the Czech Population**

I had the opportunity to share the preliminary results of my research on the late employment concerning health status in the Czech population from Dr. Nata Duvvury, Dr. Patricia Carney and Dr. Aine Ni Leime of the Irish Centre for Social Gerontology and the Global Women's Studies Centre. This helpful feedback from respected professionals and their support encouraged me both to shape the future steps of my research and engaged me more profound with the topic of population ageing.

## **ECI Meeting Forum and Workshop**

There was also the chance of joining the ECI meeting on ***Gender and health impacts of policies extending working life in western countries***. It was time when I could establish my profile of a young researcher and join the community of ECIs around COST countries. The outline also empowered me to share my knowledge and grow future competencies along with other population ageing related professionals in the network.

Part of the session was dedicated to the mentoring from Dr. Aine Ni Leime and Dr. Martina Rasticova who shared with us their experience with particular research methods and investigations.

The final part of the meeting was held by Dr. Nata Duvury who introduced us to the topics of the policy briefs under the COST action and opened the opportunity of contributing to the policy briefs.

We also had a chance to discuss the possibilities of joint publications in the future.

## **DESCRIPTION OF THE MAIN RESULTS OBTAINED**

The most important outcome was essentially meeting respected professionals who shared their knowledge. It was one of the most supporting moments in my researching career. Their experiences and tips increased my level of expertise and broadened my horizons in population ageing-related topics.

Additionally, I had the chance to plan future publications contribution to COST Working Group 2 objectives, with researchers from different countries and areas of health, age, and gender topics. I was also able to define the basis for submitting a joint paper to a peer-reviewed journal and the chance to contribute to the publication of policy briefs in cooperation with Working Group 4 of our COST action.

## **FUTURE COLLABORATIONS (if applicable)**

The STSM allowed me to start building the invaluable network of professionals, where I can learn and share the knowledge in order to contribute to the sustainable societal development of socio-economic issues. The presence at STSM opened the door for creating international research teams and joint publication platform.