

## STSM Report

Action number: ECOST-STSM-Request-IS1409-43248

STSM title: Comparison of policies extending working life in western and Eastern countries (Croatia and Bulgaria)

STSM start and end date: 2019-01-21 - 2019-01-27

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Home institution: Institute for Healthy Ageing, Zagreb, Croatia

Host Institution: Institute for Population and Human Studies, Bulgarian Academy of Sciences, Sofia, Bulgaria

### Purpose of the STSM:

To learn main principles of the cross-national integration of gender and extending working lives, particularly in Bulgaria and Croatia.

### Description of work carried out during the STSM:

I spent Short Term Scientific Mission (STSM) at the Institute for Population and Human Studies, Bulgarian Academy of Sciences, Sofia, Bulgaria, at PhD Kamellia Lillova. The host institution is deeply involved in problems relates to extending working lives, life-course perspectives, and demographic ageing processes in Bulgaria. My work at the Institute was focused on systematic cross-national integration of gender and life-course analysis, particularly in Bulgaria and Croatia. We provided life-course and gender analysis of older workers and pension outcomes in both countries. Also, my work was focused on building a network to develop capacity among researches in life-course methods.

### Description of the main results obtained:

I familiarized and adopted principles and methodology to analysis demographic changes, especially to ageing. We worked together on the gender-aware policy analysis. With the help of Dr Kamellia Lillova, I plan to establish a connection with some another research institution and other stakeholders in the field of extending working life. Also, I plan the joint proposal between our two institutions and we will get in touch for the further cooperation, with the aim of developing more effective and efficient concepts, methods and tools for the life-course perspective analysis, and a strengthening of scientific excellence and competitiveness of individuals and organizations in medical, analytical and sociological areas. We plan to perform empirical research in the field of gender and health impacts of policies extending working life in our countries for older workers.

### Future collaborations:

A collaboration between the Institute for Population and Human Studies and Institute for Healthy Ageing, Zagreb, Croatia will be of mutual benefit to both sides, and is expected to lead to a strengthening of the collaboration between them.

The foreseen output of the STSM is the application of skills and knowledge to my institution and some other healthcare institutions in Croatia. Our mutual work will contribute to a scientific and sociological breakthrough in the field of extending working life in both countries.

Marcel Leppée

